

Full of Myself®

9-month

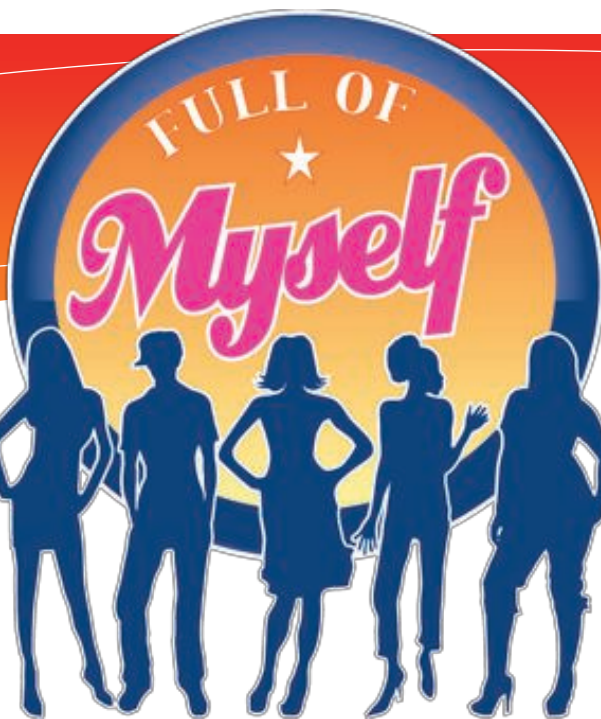
Enrichment &  
Empowerment  
Program for  
Teen Girls

Program Begins  
Saturday

September 21, 2013  
823 W. Central Blvd.  
Orlando, FL 32805

- Weekly Groups
- College Tour
- Monthly Field Trips
- Community Events
- Cash Incentive
- Birthday Gifts

Funding for  
Full of MYSELF®  
is provided by  
US Department of Health  
& Human Services:  
Office on  
Women's Health  
&  
Visionary Vanguard Grp



Program for Teen Girls

*Empowering Girls to Make Healthy Choices*

Full of Myself® is a gender-responsive program designed to address the unique needs of girls. Our mission is to empower girls to make healthy choices. This **9-month** Enrichment program, for girls ages 12-17, provides weekly group meetings on topics such as Conflict Resolution, Assertive Communication, Substance Abuse, Anger Management, HIV/AIDS, Sexually Transmitted Infections, Body Image, Hygiene, Self-Esteem, Mental Health, Healthy Relationships, Critical Thinking and much more!

**SPACE IS LIMITED; APPLY TODAY!**

**Full Scholarships** will cover the cost for all girls accepted. Please ensure that girls referred to Full of Myself® are interested in and committed to completing the **9-month** program. Telephone interviews will be conducted with each interested girl prior to acceptance into Full of Myself.

**For More information:**

**Call us :** (407) 496-6945

**Visit us:** [www.fullofmyself.net](http://www.fullofmyself.net)

**Email us:** [info@fullofmyself.net](mailto:info@fullofmyself.net)

**Like us:** [Facebook.com/iamfullofmyself](https://www.facebook.com/iamfullofmyself)

**Follow us:** [Twitter.com/iamfullofmyself](https://twitter.com/iamfullofmyself)

Brought to you by:

